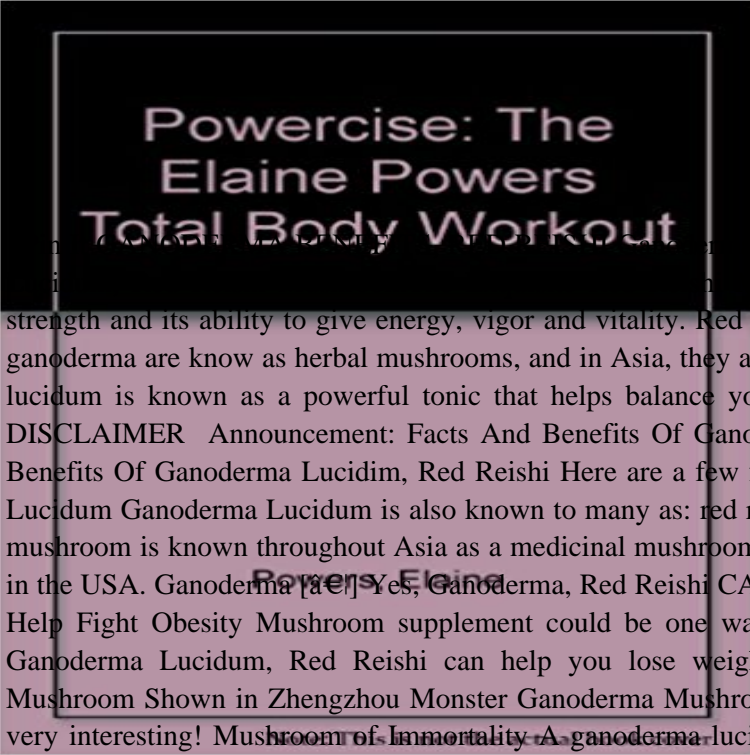


# Powercise: The Elaine Powers Total Body Workout



Book by Powers, Elaine, Church, Connie

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