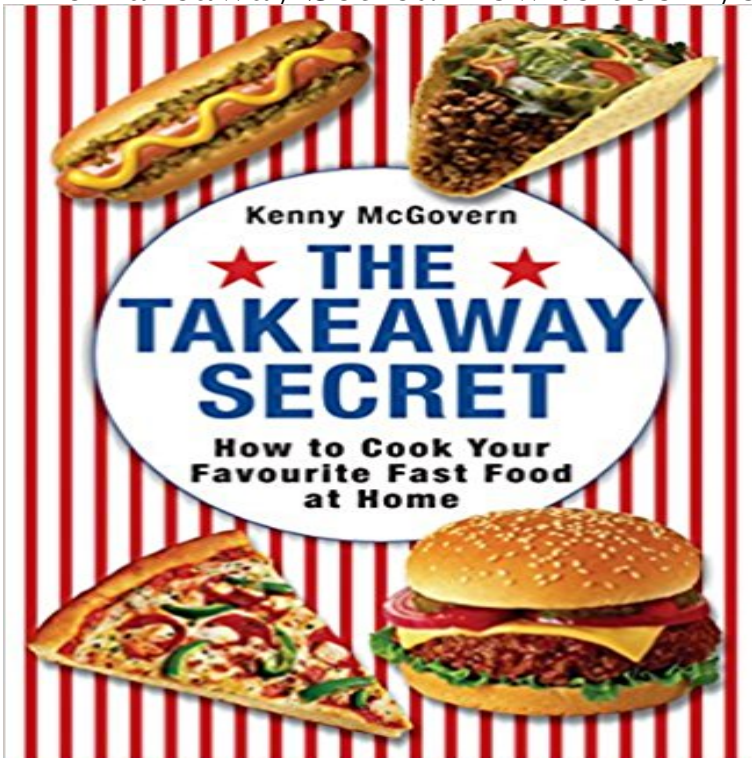


# The Takeaway Secret: How to cook your favourite fast-food at home



The Takeaway Secret is a book which will enable readers to cook their own tasty takeaway food at home. After over 5 years of research and investigation, the secret ingredients and cooking techniques used by takeaway and fast food restaurants can now finally be revealed. In today's increasingly health conscious and now financially cautious world, there's never been a better time to learn the secrets of cooking your own takeaway food at home. From now on, the takeaway menu will become an inspiration to cook, not an expensive option for dinner. Some of the recipes which can now be faithfully recreated at home include Lamb Doner and Chicken Kebabs, Chicken and Vegetable Pakora, Szechuan Chicken, Sweet and Sour Chicken, Chicken Wings, Spare Ribs, Triple-Decker Burgers, Chicken Burgers, Spiced Onions, Kebab Sauces, Sub Rolls, Wraps and many more. Many recipe books call for an extensive and expensive list of ingredients, often interesting to read but impractical for everyday cooking. The Takeaway Secret will stand out as the modern cookbook, ideal for a generation of people who desire delicious food, delivered quickly without the need to slave over a hot stove for hours on end. The recipes included make it possible for home cooks, both novice and professional, to recreate their favourite takeaway and fast food restaurant dishes in their own kitchen.

Pin It GANODERMA BENEFITS, RED REISHI Ganoderma Lucidum , Red Reishi, Mushroom Nutrition Ganoderma Lucidum, Red Reishi Mushroom The Exquisite Red Reishi Mushroom, Or Ganoderma Lucidum. It is known for its strength and its ability to give energy, vigor and vitality. Red Reishi or, Ling Zhi as it is known in China. The reishi / ganoderma are known as herbal mushrooms, and in Asia, they are also known as medicinal mushrooms. The ganoderma lucidum is known as a powerful tonic that helps balance your system. HOME PRODUCTS CONTACT US  
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